

Beverly Speaker Series

The Beverly Speaker Series is a community alliance working to bring renowned experts in the fields of education, child development and parenting to the South Side of Chicago. The purpose is to engage families and educators on topics that affect the well-being of children in our neighborhood. Distinguished speakers will present new ways of thinking about parenting in a changing world and offer strategies to inspire and support parents and teachers. **The theme of the 2016-2017 Beverly Speaker Series is "Understanding, Connecting and Supporting Adolescence."** The Beverly Speaker Series is a collaboration of local businesses, civic organizations and educational institutions dedicated to strengthening families and engaging our school communities.

Meaningful Conversations for Parents and Educators



Navigating Life with Adolescents

Charis Denison, M.A.

The arrival of the adolescent and teenage years often seems to come suddenly, almost without warning. For parents, grandparents and teachers of these 11 to 16 year olds, this sudden shift is not fluid. Often it is a whirlwind of steps forward and back with regards to developmental shifts, emotional and intellectual changes and the broadening of possibility and potential. Thus, the experience for adults at home and at school can be both wonderful and at times complicated and confusing.

During this time, it is important for adults to understand the many changes adolescents and teenagers experience and learn what their behavior is communicating. This presentation will illuminate and explore the many common and normal behaviors and critical challenges that these youth face during this time. Some topics that will be explored include: the social experience during middle school, how to keep lines of communication open, what adolescents need from adults and navigating the many mixed messages. Parents and educators will leave this evening with practical tips and tools that they can apply immediately.

Charis Denison is a teen advocate, parent educator and expert on adolescents and teenagers. She has great expertise in what teenagers need to develop life skills, as well as teaching parents and teachers how to help them do this. In addition, she has designed and implemented health and human development curricula in many schools around the nation. Most importantly, Denison possesses a rich understanding of how teenagers and parents can navigate today's complex adolescent experience, while maintaining communication, respect, and connection. Denison co-authored "Tolerance for Others," a middle school-focused human development text. Her work has also recently been featured in Peggy Orenstein's new book, "Girls & Sex: Navigating the New and Complicated Landscape." To get a feel for Denison's philosophy and teachings, please watch her TedTalk, "The Gift, The Flip Side of Teen Behavior."

Sunday, January 29
3 p.m.

Morgan Park Academy
Alumni Hall

2153 W. 111th St. | Chicago, IL 60643

Donations are appreciated at time of registration or at the event.

Educators receive 2 hours of professional development at no cost.

Reserve your seats here.
www.beverlyyogacenter.com

Limited seats available.

Upcoming Speaker

The Nature of Boys

Michael Thompson, Ph.D.

Tuesday, March 7, 2017 - 7 p.m.

Sponsors

