



Yoga Parties

We will creatively plan a yoga party for your child to celebrate a birthday or any special occasion! Yoga parties are appropriate for children ages 5 - teen.



Little Yogi Parties

A Little Yogi party includes a yoga class with music, games, relaxation and a craft. Parties can be based on a theme or an introduction to childrens' yoga. Common themes that many children enjoy are: going to the beach, jungle, around the world or having a spa or sports party.

Teen Yoga Parties

A teen party includes a yoga class that focuses on the poses and breathing techniques. Age appropriate music, a craft project (such as making eye pillows), props and relaxation are incorporated into the class.

Details...

Party cost is \$300 for 2 hours. The party includes an hour of instruction and an hour for opening presents and birthday treats supplied by the birthday family. Parties can accommodate up to 20 children or teens. Space is based on availability during weekend afternoons.

Contact Beverly Yoga Center
info@beverlyyogacenter.com
or call 773.239.9642.



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 *Beverly Yoga Center*

Nurturing the mind, body and heart through yoga and meditation.